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ROS

Rating of Outcome Scale v2.1
Dutch Translation v1.0

Beoordeling van Resultaten Schaal

Geef alsjeblieft aan hoe je je de afgelopen week voelde, met “0” als het ergst en “10” als het best. Vul de gepaste cirkel als volgt in: ●

	ergst																			best
Hoe voelde ik me vanbinnen, hoe is mijn “onderbuikgevoel” geweest?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩										
Hoe zijn de relaties met de mensen om wie ik geef?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩										
Hoe vergingen mij mijn taken (werk, school, thuis)?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩										

Commentaar:

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SES

Session Experience Scale v2.1
Dutch Translation v1.0

Sessie Ervaring Schaal

Geef alsjeblieft aan hoe je je voelt over de sessie van vandaag. Een cijfer van “0” betekent het ergst en een cijfer van “10” betekent het best. Vul de gepaste cirkel als volgt in: ●

	ergst																			best
Voel ik mij gerespecteerd, om bekommerd en echt gehoord?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩										
Hebben wij vandaag aan de juiste dingen gewerkt?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩										
Hebben wij gewerkt aan wat ik in mijn leven wil veranderen?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩										

Commentaar:

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