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ROS

Rating of Outcome Scale v3.1

Please mark how you have been feeling in the past week, with “0” as the worst and “10” as the best. Please fill in the appropriate circle like this: ●

	Worst																			Best
How have you felt inside, how were your “gut” feelings?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩									
How were your relationships with people you care about?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩									
How have you been doing with tasks (work, school, home)?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩									

Comments:

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SES

Session Experience Scale v3.1

Please mark how you feel about today’s session. A mark of “0” means the worst and a mark of “10” means the best. Please fill in the appropriate circle like this: ●

	Worst																			Best
How much did you feel respected, cared about, and really heard?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩									
How helpful was the way we worked together?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩									
How much were we working in line with your therapy goals?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩									

Comments:

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ROS

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	Worst											Best
How have you felt inside, how were your “gut” feelings?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩		
How were your relationships with people you care about?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩		
How have you been doing with tasks (work, school, home)?	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩		

Comments:

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SES

Session Experience Scale v3.1

Please mark how you feel about today's session. A mark of "0" means the worst and a mark of "10" means the best. Please fill in the appropriate circle like this: ●

	Worst												Best
How much did you feel respected, cared about, and really heard?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩		
How helpful was the way we worked together?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩		
How much were we working in line with your therapy goals?	①	①	②	③	④	⑤	⑥	⑦	⑧	⑨	⑩		

Comments:

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